Chrissy is experiencing depression. She has been feeling that depression since she has graduated high school. (Exception) She feels as though she has no direction. She is hardworking (strength), having got her degree, she's friendly, soft spoken and kind. She's selfless and is caring towards others. Others tend to take her kindness for granted. She isn't valued amongst her circle as a priority. Her kindness (strength) welcomes everyone, but also allows for others to walk all over her.